ST. BARTHOLOMEW'S

CHURCH OF ENGLAND PRIMARY SCHOOL

Sex and Relationships Policy

Fun and Achieve!

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Our Vision

In our St. Bartholomew's family, we want everyone in our school to flourish and succeed. We believe that everyone is unique and created in God's own image, each with their own special gifts, skills, talents and abilities.

Our vision is to create a warm and caring environment: where children aspire to be the best that they can be; where they are encouraged to believe in themselves; where they are challenged to develop in to wonderful human beings who help to create a better world for the children of the future; where Jesus and His teachings are central.

This vision is rooted in the Bible: Psalm 1 v1-3 (Jeremiah 17)

"Happy is the person who doesn't listen to bad things and doesn't do what bad people do.
2 They love God's teachings.
They think about those teachings everyday.
3 They are strong, like a tree planted by a river.
It will flourish and produce fruit.
Its leaves don't die.
Everything they do will succeed."

Aspire & Believe, Flourish & Succeed within the heart of God's family.

SEX AND RELATIONSHIPS POLICY

This policy has been developed with the school's core Christian Values at the forefront: Hope, Thankfulness, Love, Friendship, Service, Trust, Honesty, Forgiveness and Respect.

- With our HOPE in Jesus, we aim to provide our children with the knowledge and understanding that will allow them to become valuable citizens in a LOVING environment
- We are THANKFUL to our staff for their SERVICE to our children
- Every member of our school community belongs to our family, and as such there is FRIENDSHIP among all.
- We know that all adults and children will behave with HONESTY and RESPECT towards each other.
- We put our TRUST in Jesus, acknowledging that we all make mistakes and therefore FORGIVE each other when appropriate.

Policy Aims

At St Bartholomew's CE Primary School we believe that children of all year groups should be enabled to develop knowledge and understanding, skills, and attitudes and values relating to

Hope Respect Thankfulness Honesty Forgiveness Trust Friendship Service Love

growth and change, personal safety and relationships within the context of family life, thus equipping them for their lives now, through puberty, adolescence and adulthood. Emphasis is placed on the physical and emotional health and well-being of the child.

Relationships and Sex Education (RSE) can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. The primary topics within RSE will be made statutory for our school from Summer Term 2021. St Bartholomew's CE Primary School has taken on board the new government guidance and sees RSE as lifelong learning about sex, sexuality, emotions, relationships and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

Objectives

1. To help each child grow with both an understanding and a respect for others. To recognise that they are unique in both physical appearance and character. To develop through sensitive teaching, skills that enable each child to realise that growth and change is an ongoing experience for everyone.

2. To develop each child's sense of individual worth and self-respect and to emphasise that everyone has rights, responsibilities and control over their own body.

3. To enable each child to develop knowledge and understanding of the changes that happen to them as they are growing up, and to recognise puberty as a special time.

Content and Organisation

Sex and Relationships Education will be delivered in line with the PSHE programme (guidelines that have been agreed by Governors), through discrete time and through other National Curriculum subjects, e.g. Science, RE, English. It will be delivered by class teachers and other relevant agencies where appropriate e.g. School Nurse, Community Police (stranger danger).

At St Bartholomew's CE we use the Jigsaw programme, which is designed as a whole school approach, with all year groups working on the same theme (puzzle) at the same time. This enables each puzzle to start with an introductory collective or class worship generating a whole school focus for adults and children alike. There are six puzzles in Jigsaw that are designed to progress in sequence from September to July. Each puzzle has six pieces (lessons) which work towards an end product.

Where appropriate, sessions will be delivered to single gender groups and both boys and girls will have equal access to information. As well, some sessions will be delivered to mixed gender groups depending on the content of material.

Correct terminology will be used in class to avoid confusion

A variety of teaching methods will be used including discussion, worksheet, video and circle time activities.

Resources

Resources used will be appropriate to the maturity and understanding of children. Resources will be inclusive in terms of images, language, and learning styles and will avoid racism, sexism, gender and homophobic stereotyping.

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Dealing with questions
Questions will be answered sensitively, honestly and appropriate to the age and understanding of children, either in class, individually or referring to the child's parent.

Disclosure
If a disclosure is made where a child is deemed to be at risk this will be followed up in accordance with safeguarding procedures.

Working with parents
Parents will be informed by letter when SRE sessions on puberty will be taking place in order to enable them to have further discussions with their child if they so wish.

Parents have the right to withdraw their child from any sex and relationships education which does not form part of the National Curriculum. We do hope that parents will discuss any concerns they might have so that any misunderstandings might be resolved before such a decision is taken.

Monitoring and Evaluation
The SRE programme will be monitored through ongoing feedback from staff, pupils and parents. The policy will be reviewed annually.

Conclusion
On leaving St Bartholomew's CE Primary School it is hoped that each child has gained a sound foundation on which to continue developing a healthy lifestyle, including high self-esteem; and that each child is enabled to make informed decisions.

Reviewed March 2025